



Karen Douglas

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Hello Everyone,

I'm so excited and just can't hide it! I want to share with you the highlight of my life in CWL. Recently, as president of St. Joseph the Worker CWL Council, I had the wonderful experience of attending the Provincial Convention with my most-dedicated friend and Parish Activities person, Theresa Reiss.

Sunshine lit up Kamloops which is, in itself, a very interesting geographical part of our province British Columbia and the Yukon. But all this was outshone by the extraordinary people who worked so tirelessly to bring together an amazing agenda that filled our three days. We learned about the great accomplishments our CWL has made such as in the resolutions we have submitted to government. The CWL is so well respected that government officials seek advice from our members on key concerns relating to human trafficking, human rights and aboriginal issues to name only a few. You can go to our national website to find out more at: [www.cwl.ca](http://www.cwl.ca) or our provincial one at: [www.bcyukoncwl.ca](http://www.bcyukoncwl.ca)

"Anti-Bullying Awareness" is a specific case worth highlighting and such awareness needs to start with our youth. To this end, a group of teens in Kamloops have begun a campaign against a form of bullying when one person makes another feel bad. They have taken as their motto "Safety Within a Group" or SWaG. Bracelets with this motto are sold in London Drugs on the mainland of British Columbia. Such work encourages young people to become strong in the face of bullying. The bully's effect is taken away when victims are not alone or isolated. There really is safety within a group. Proceeds from these three dollar bracelets go towards a funding a hotline for young people at risk.

Blessings abounded as we shared with our sisters our fun and laughter and our hugs and tears. We met wonderful new people and created memories. But, in a more serious vein, the word Resolve sits at the core of the many works performed by our individual parish CWL councils. As we take on Christian community, social and political issues with "One Heart, One Voice, One Mission", I am astounded by the fervour, the spirituality, and the commitment of these women. I resolve to raise awareness of how valuable all of us are as league members. The centre of our purpose is the knowledge that Jesus loves us and gives to each one of us many different gifts to enlighten, strengthen, and free us to go forth to do His good work. Pope Francis is our example and Evangelization is our tool.

So, if I have piqued your curiosity, I invite you to step out of your comfort zone and live more fully as you meet and touch others on the pilgrimage of life. Come! Meet Jesus as a member of the Catholic Women's League.

President of Catholic Women's League St. Joseph the Worker Parish,

Karen Douglas