

St. Joseph The Worker Confirmation Classes

Confirmation Sponsor

1. Only one confirmation sponsor per candidate.
2. Confirmation sponsor must be no less than 16 years of age.
3. Confirmation sponsor must be a confirmed Catholic and who has received the blessed Eucharist.
4. Confirmation sponsor must be one who lives a life of faith, which befits the role to be undertaken.
5. Confirmation sponsor is **not** to be the mother or father of the candidate. The confirmation sponsor is to help and assist the parents in teaching the candidate (in community).
6. Confirmation sponsor may be the baptismal sponsor.
7. The sponsor is agreeing to enter into a spiritual relationship with the candidate - to become or continue as a spiritual mentor for the candidate.
8. The sponsor and the candidate will be called forward to the sanctuary during the actual confirmation. The sponsor will place their hand on the candidate's shoulder and provide the bishop with the candidate's confirmation name. A proxy can be appointed if the sponsor is not available for the ceremony; a proxy can be anyone.
9. We invite the sponsor to **write the candidate a letter** expressing their congratulations on this sacramental moment and a personal reflection on what the candidate means to them. The candidate should receive this letter **at least one week prior to the Confirmation/First Communion Celebration.** Please keep this letter as a surprise for the candidate.

Confirmation Name (optional)

1. Candidates may choose to take a Confirmation name. This is optional, but a long-standing Catholic tradition.
2. This does not change their legal name.
3. The bishop will call the candidate by their Confirmation name at the ceremony.
4. The name will appear on the certificate and be recorded in the official church register.
5. Confirmation names have traditionally been a Saint's name.
6. Confirmation names should be meaningful to the child (something special about the name).
7. Candidates may use their middle name as a confirmation name.
8. If the candidate does not choose a Confirmation name, their first name as it appears on their baptismal certificate will be used.